



Matthew Chapter 5 — “The Beatitudes and metaphors”

Jesus teaches people how to live as God’s loving children during the Sermon on the Mount. He tells them that God blesses those who are kind, gentle, peaceful, and who try to do what is right, even when life is difficult. Jesus says his followers should be like salt and light, helping make the world better through their good actions. He explains that God cares not only about what we do but also about what is in our hearts, teaching people to forgive, tell the truth, avoid anger, and treat others with respect. Most importantly, Jesus teaches that we should love everyone — even people who are unkind to us — because God loves all people.

1. What are some of the special blessings (Beatitudes) that Jesus talks about in this chapter?
2. Jesus says his followers should be like salt and light. What do you think that means?
3. Why does Jesus say it is important to have good thoughts and feelings in your heart, not just good actions?
4. What does Jesus teach us about how to treat people who are not nice to us?
5. Which part of Jesus’ teaching in this chapter is most important to you, and why?