

Mark Chapter 3 — Jesus heals and teaches

In Chapter 3 of Mark's Gospel, Jesus heals a man whose hand cannot move, even though some people are upset that Jesus heals on the Sabbath, a special day of rest. Jesus teaches that it is always good to help others and show love. Many people come to Jesus because they want to hear his teaching and be healed. Jesus chooses twelve disciples to be his special helpers. He wants them to learn from him and share God's love with others. Some people do not understand Jesus, but he keeps teaching and helping people. Jesus also teaches that those who do what God wants and follow his way are like his family. He reminds us that we belong to God's family when we listen to God and show love to one another.

Talk about these questions together as a family. Take turns sharing your thoughts, listen to one another, and discover how Jesus' teachings can help your family grow in faith and show God's love in everyday life.

1. Jesus helped a man even when others disagreed with him. Can you think of a time when you helped someone, even when it was not easy?

2. Why do you think Jesus chose friends to help him share God's love?

3. If Jesus chose you to be one of his helpers, what is one thing you would like to do for him?

4. Jesus teaches us that we are part of God's family. What are some ways our family can show love to one another?

5. What is one thing we can do this week to help someone feel loved and included in God's family?